



## About Susie Vanderlip, CSP, CPAE - Keynote Speaker

**Susie Vanderlip** is a nationally-renown speaker on prevention, stress, and youth and family issues. She is the author of the iParenting Award-winning book *52 Ways to Protect Your Teen – Guiding Teens to Good Choices and Success*. Susie’s program, *Legacy of Hope*®, has reached over one million teens, parents, counselors, therapists, teachers and other adults in middle schools, high schools, colleges, conferences, communities and corporations in nearly every state and across Canada. She has been a **teen and family issues expert on the national television FOX News Live** and is one of less than 200 speakers since 1977 worldwide to be **inducted into the National Speakers Association prestigious CPAE Speakers Hall of Fame**. She also presents workshops on healthy emotional coping skills and stress management that provide participants experiential practice in the healing messages of *Legacy of Hope*®.

In *Legacy of Hope*®, Susie portrays a mesmerizing array of real-life characters and shares research-based insights into the emotions and life stressors that lead youth as well as adults to escape into destructive choices that include underage drinking, alcohol and drug abuse, irresponsible sexuality leading to teen pregnancy and AIDS, gangs, domestic violence, self-harm, depression, suicide and more. Susie’s characters and powerful personal stories are dramatic, thought-provoking and life-changing. Both youth and adults laugh, cry and identify. They acquire the awareness and the confidence to reach out for help and the tools to make more responsible life choices. Susie leaves audiences with a deep and personal legacy of HOPE.

Susie’s background is deeply rooted in years of involvement with the Community Anti-Drug Coalitions of America (CADCA), National Council on Alcoholism and Drug Dependence, National Association of Peer Programs, PRIDE, SADD, MADD, 4-H, Youth to Youth, Friday Night Live, child abuse councils, domestic violence councils, teen pregnancy programs, community coalitions and a profound respect for the 12-Step support programs.

Susie speaks to adolescents, college students, parents, educators, counselors, psychologists, medical professionals, juvenile justice and crime prevention professionals, general audiences in communities and churches, corporate management/employees who work with youth employees, innumerable parents and more. Her clients have included thousands of middle and high schools, colleges and universities, community and statewide prevention coalitions, counseling associations, law enforcement and traffic safety organizations, and rehab and treatment facilities including prestigious entities that include the Betty Ford Center, Hazelden, Caron Foundation, American Counseling Association and NCADD. Susie also works with corporations and health organizations to educate employees, nurses, doctors and patients in preventive practices to reduce stress and diminish inappropriate reliance upon alcohol and drugs.

Susie’s “Broadway-class” performance skills are routed in 30 years performance, choreography and teaching experience as Executive Director of Dance Kaleidoscope of Orange County, Associate Professor and Dept Head in Dance at Coastline Community College, and graduate of the South Coast Repertory Professional Actors Workshop.

Susie’s *Legacy of Hope*® message is also available on DVD for sharing at home and in classrooms along with motivational books for teens in which she is a contributing author. She may be reached via her websites: [www.legacyofhope.com](http://www.legacyofhope.com) and [www.de-stressforsuccess.com](http://www.de-stressforsuccess.com).

## Susie Vanderlip has authored the following:

### Books

- [52 Ways to Protect Your Teen – Guiding Teens to Good Choices and Success](#)

### Workbooks

- [De-Stress for Success®: The Workbook](#) with DVD and CD  
in collaboration with Ken Vanderlip, Ph.D.

### Contributing Author in Collaborative Books:

- *Lessons from the Road*
- *Lead Now or Step Aside*
- *Teen Power*
- *Teen Power Too*
- *Teen Power and Beyond*

### Magazine Articles:

- [Girl Talk Magazine – A Prescription for Addiction \(Interview\)](#)  
April/May 2009
- [GRAND Magazine - Teach Your G'Kids to be Anti-bullies](#),  
March-April 2008
- [GRAND Magazine - Addiction, The Family Secret](#), November-December 2007
- [GRAND Magazine - SPECIAL REPORT: Are you getting your grandkids high?](#),  
July-August 2007
- [GRAND Magazine - Help! My grandchild is using Drugs!](#), May/June 2007
- [Orthodontic Products](#),  
*Talking to Teens*, April-May 2006
- [Journal of the American Orthodontic Society](#),  
*Positive Insights into Treating & Communicating with Teenage Patients*, Summer 2006

### Newspaper Columnist:

*It's Not Easy Being A Teen*  
Wellington Daily News, Wellington, KS – 73 weeks