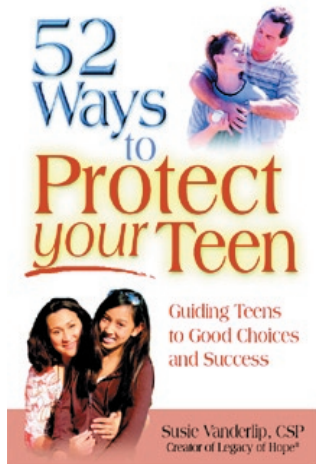


# Susie Vanderlip

## 52 Ways to Protect Your Teen: Guiding Teens to Good Choices and Success



Imagine how it would feel to consistently connect and communicate with your teen.

**52 Ways to Protect Your Teen** guides parents, grandparents, educators, and therapists on their way to reaching this goal. With the techniques in the book, healing can happen and there is hope for teens.

Since 1991, Susie Vanderlip has made the improvement of teenager's lives her goal. Through her program, **Legacy of Hope®**, Susie has touched over 1 million teenagers and their parents. The theatrical, one-woman show is presented at schools and conferences and has broken the ice for more than 25,000 personal conversations with teenagers in 46 states. These conversations are the basis for the book.

Susie's personal story: After the death of her husband, a prominent dentist, at the age of 35 from an un-intentional overdose of drugs, Susie was inspired to open the lines of communication so she could heal herself. Along the way, she has healed countless others.

*"This is excellent reading for adults and teenagers. 52 Ways is trustworthy information, sound advice, and an excellent resource that parents and teenagers can use to make a great success out of this challenging stage of life."*

- Dr. Art Ulene, Former NBC Today Medical Expert

**52 Ways to Protect Your Teen** is a resource for parents seeking to protect their teens in a predatory world, grandparents struggling to raise grandkids already

struggling with complex issues, and teachers and educators with the angst and dangerous options of today's youth.

*"As a mother of a 12 and 14-year-old, I couldn't put this book down. 52 Ways gave me so many insights into raising my teens and offered me the tools I needed to bring up key subjects that I had previously found difficult to broach with my teens."*

- Carol Stone, Working mother of two

**52 Ways to Protect Your Teen** is an insightful, educational resource and conversational tool. Parents, Grandparents, Educators, and Counselors are raving about the changes it has produced in their lives and the lives of their teens.

Concrete Tools and Insights:

- What motivates teen choices, behaviors, and attitudes
- How to 'respond' rather than 'react'
- Do's & Don'ts of POSITIVE communication
- Recognize what teens and adults fear most
- Shift tense situations into less volatile ones
- Find resources to get your teen back on track
- Find and offer HOPE to your teen

For Teen's Too! **52 Ways to Protect Your Teen** supports and encourages teenagers in their struggle at one of the most difficult stages of life. Susie Vanderlip's goal is to bring a message of Hope to the nation's future.

Order the book at [www.WaystoProtect.com](http://www.WaystoProtect.com)

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